

Bennet A. Trygstad

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Results

I want my senior experience to be able to open up doors so that I can become a successful businessman later in life.

Education

Rutland High School; Rutland, SD; Class of 2017; GPA. 3.07

Activities

- One act play - (fall 2013)
- A Luther League member of my church group - (2013 - present)
- Football - (2010 - present)
- Basketball - (2007 - present)
- Track - (2009 - present)
- National Honor Society (2015-present)
- Choir (2013-present)
- Band (2013-2015)

Awards

- Honor role student
- National History Day - (2011 - 2012 and 2015 -2016)
- Lettered in Football - (2012 - present)
- Most Valuable Defensive player 2016-Football
- Lettered in Basketball - (2014 - present)
- Lettered in Track - (2013 - present)
- Most Valuable Boys player 2016-Track
- Future Farmers of America (FFA) - (2013 - present)

Experience:

• TnT Constructions - Nunda, SD
Helped frame houses and do small jobs

• Rutland School - Rutland, SD
Worked small jobs, mowing, etc.

• Senior Project - Brookings, SD
Worked for TNT Construction and helped to build a house

References:

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